

Emily Ward Litigation, Associate Atlanta

Emily Ward is an
Associate in the Litigation Practice of
Smith, Gambrell & Russell, LLP. Emily
specializes in white-collar defense and
civil litigation including healthcare,
business and environmental litigation,
as well as administrative and regulatory
matters.

Who is a woman in history that inspired you? The Notorious Ruth Bader Ginsburg. She's tenacious, brilliant, and a gamechanger for women lawyers. I so admire her ability to work with and empathize with those she disagrees with philosophically—that kind of professionalism is often lacking and her friendship with the late Justice Scalia, in particular, is an inspiration.

What career advice would you give your younger self? Go take a government job as a public defender or assistant prosecutor for the first couple of years out of school. Yes, the money will be terrible and make it hard to pay back loans, but the experience you'll get will be worth it in the end.

Did you have a mentor? If so, how did they encourage you in your career?

I am fortunate enough to have two! SGR Partners, Tony Cochran and Tom Beaver, have taken it upon themselves to include me in all types of client matters, treat me in private and in front of the clients like I am their equal, and go out of their way to ensure our clients and colleagues hear about my successes big and small. They also have encouraged me to be active in the state and local Bars so that my peers see me as a leader in the legal community. Although these activities take me out of the office – and can decrease the billable hours I get in the short term - they are wise enough to realize the work I do now will return as clients and referrals in the years to come.

If you could make one change to help women at work, what would it be? Ensure that all women, not just partners or even attorneys, have the flexibility we need so that we can accomplish everything we do professionally, personally, and in our communities. Although it's common to hear of those at the top of their field working something other than 9-5 or somewhere other than their desk, but it's not as common for those on the lower echelons of professional life. Whether it's working from home one day a week, working a modified schedule on Tuesdays so you can be the den mom for your kid's scout troop, or working 8-4 because your commute is just terrible, those types of accommodations can enhance someone's work life and create happier, more productive, and more loyal employees.

What do you enjoy doing in your spare time? My husband is the chef/owner of our restaurants, Southern Belle and Georgia Boy, so I help out with a lot of the behind the scenes work whenever I can. I have a business mind and entrepreneurial streak so the whole process is fun. I also love going to both spaces with my friends, family, and colleagues to show it off and do a little "quality control" – those cocktails aren't going to try themselves!

Jill BechtoldLitigation, Partner Jacksonville

Jill Bechtold is a Partner in the Litigation Practice of Smith, Gambrell &

Russell, LLP. Jill specializes in the area of civil litigation focusing on medical and professional liability defense, employment disputes, product liability defense, business litigation, trucking litigation and insurance defense.

Why did you choose your practice area? My middle name comes from my great-grandmother, Faye Cashatt Lewis, who was one of the first women to graduate

medical school from Washington University in St. Louis. I grew up always loving the art of medicine and learning how the human system worked and reacted. My law practice started by protecting hospitals, doctors, and nurses and now it allows me to continue researching and learning various medical topics while defending our companies in major tort actions.

Who is a woman in history that inspired you? I grew up wanting to be like Amelia Earhart: fearless, brave and adventuring. Ms. Earhart had an early passion and commitment, yet the world told her no. In the end, she died doing what she loved while making a bold statement.

What career advice would you give your younger self? Be easy on yourself. At the beginning of your career, it is easy to focus too much on the negatives: what I should have said at the hearing, why did I write that, how can I get that client to like me more? What I didn't realize at the time was that those early years were about learning lessons and the real growth comes from making mistakes. Mistakes can be a powerful drive for young women, but sometimes a little grace helps too.

Did you have a mentor? If so, how did they encourage you in your career? I was lucky enough to have several mentors. Some were lawyers but many were not. While the words may have been different from each, the same message came from them all: build on your talents to achieve success. They taught me too many of us try to emulate other successful people. However, your skillset and talents may be vastly different. My mentors understood that an individual using their strengths to the best of their advantage will always be the most successful. My mentors were also the best at just listening to my concerns, a rare trait sometimes in people.

What do you enjoy doing in your spare time? Doing anything with my children. They are the funniest and most perfect people that I know!



Marsha Ajhar

Intellectual Property Gadget Girl

Laura M. Andrew

Health Care Green Thumb

Susan Atkinson

Health Care Semi-Pro Singer/Actor

Amanda Attensaio

Real Estate My Mother's Daughter

Jill Bechold

Litigation

Elizabeth Blakely

Corporate Book Reader

Priscilla Bonsu

Corporate
Globe Trotter/ Free Spirit

Elizabeth Borland

Intellectual Property Chorister

Amy Buice

Litigation

Danielle Burnette

Litigation Cocktail Connoisseur & Fashion Fanatic

Lisa Carrasco

ERISA

Mother of Twin Girls

Danielle Comanducci

Real Estate Franco-American Globetrotter

Jessica Cowin

Litigation

Audria Crain

Corporate Essay-Contest Winner & Runner

Amy Croft

Litigation

Cassandra Daum

Litigation Future World Traveler

Alexandra Davidson

Corporate
Aspiring Avenger (Iron Woman)

Melissa Dearing

Immigration Survivor

Sharon Duvall

Real Estate Boating Beauty

Anne Edwards

Litigation Sun Worshiper

Marcia Ernst

Litigation Lake Life Lover

Shani Smith Fisher

Aviation

Mother of Dragons

Ellen Fontanella

Aviation Fly Girl

Simone Ford

Litigation

Emily Friedman

ERISA

Lover of Beaches & Interior Design

Chloe Furfine

Litigation Avid Shutterbug

Nicole Godani

Corporate

Political Enthusiast & Volleyball Player

Sarah Gordon

Litigation

Northern New Englander

Alyson Graham

Private Wealth Services Handywoman Extraordinaire

Sasha Greenberg

Litigation

Beyoncé's Inspiration

Amy Heppner

ERISA

Cross Country Mom

Akiyo Hewett

International

Loving Wife & Mother

Nicole Kalkines

Litigation

Brunch Enthusiast

Susie Kim

Immigration Intrepid Wayfarer

Teri King

ERISA

Mom of Twin Boys

Simone Kraus

International

Language Enthusiast & Guitar Player

Holly Lance

Intellectual Property Momma Strong

Indhira LaPuma

Intellectual Propertyt Curious Wanderer

Jennifer Lawson

Litigation

Mom to Bubbling Baby Boy

Morgan Manley

Litigation

Art Enthusiast

Dana Mark

Private Wealth Services Outer Space Enthusiast

Erin McCallum

Corporate

Competitive Tennis Player

Jamey Medlin

ERISA

Mom of Boys

Kelly Meyers

ERISA

Peloton Enthusiast

Ansly Moyer

Bond and Public Finance Wine and Chocolate Enthusiast

Amy Nicotra

Real Estate and Corporate Ice Cream Enthusiast

Chloe Orta

Litigation

Anne Pitter

Corporate/Real Estate Aspiring Photojournalist

Dexterrie Ramirez

Real Estate

Martha Stewart in Training

Dana Richens

Litigation

Training for Wimbledon

Angela Roberts

ERISA

Bargain Hunter

Kate Rowe

Intellectual Property - Entertainment Butterfly and Bird Feeder

Vickie Rusek

Environmental Litigation Road Tripper

Terry Schwartz

Corporate

Low Country Girl

Leah Ward Sears

Litigation / Trials & Appeals

Fashionista

Julie Sebastian

Corporate

Sports Nut

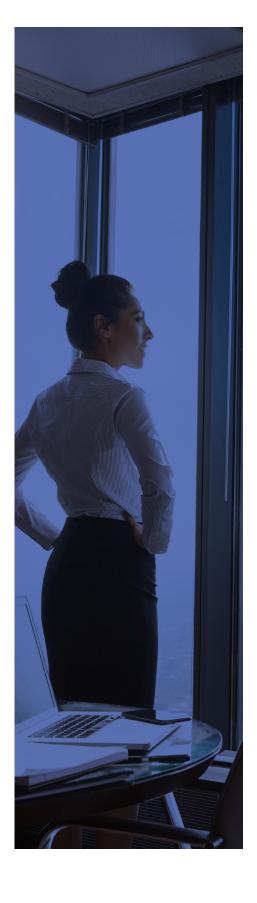
Laleh Sharifi

Immigration

Avid Hiker

Tori SilasCorporate

New Wife & Cool Stepmom





Robin Silberzweig

Real Estate MacGyver-like Problem Solver

Ariane Smith

Litigation Arts Enthusiast

Lisa Smith

Real Estate Funny...sometimes

Amanda Stangle

Corporate

Darlene Tzou

Intellectual Property Climbing Dragon Boater

Melanie Walker

Litigation Jamaican Queen

Jenny Wang

Corporate Lifelong Learner

Emily Ward

Litigation Restauranteur and Dog Mom

Laura Wartner

Private Wealth Services
Delighted to be a Grandmother

Kristen Wenger

Litigation Estate Sale Master

Svetlana Zagorina

Tax Artist at Heart

Mina Zhan

Corporate

Kathryn Zickert

Zoning Flash Mob Dancer



Women's History Month Trivia Take the quiz online at www.surveymonkey.com/r/JLFM2HL

☐ Golda Meir



1. Who was 1st Woman delegate (not ambassador) to the UN?	7. Who was the youngest First Lady of the United States?
☐ Eleanor Roosevelt☐ Dorothea Lange☐ Billy Holiday	☐ Jackie Kennedy☐ Michele Obama☐ Frances Cleveland
2. Who was the first woman to serve in the Presidential cabinet? ☐ Irna Phillips ☐ Frances Perkins	8. This drag queen became a LGBT rights politically engaged activist and is believed to have been a key figure in the 1969 Stonewall Inn riots in New York City. In 2019, the city decided to erect a statue in her honor.
☐ Lucille Ball	☐ Marsha P. Johnson☐ Ellen Degeneres☐ Judith Heumann
3. Although not a head of state, this much loved woman has been idealized in pop-culture and was given a state funeral and the title "Spiritual Leader of the Nation" by Argentina's Congress in recognition of her support of women's suffrage, labor rights and	9. This woman became synonymous with the women's movement in the 1970s.
social programs. Simone de Beauvoir Maria Eva Duarte de Peron	☐ Angela Davis☐ Gloria Steinem☐ Aretha Franklin
Marilyn Monro4. Her memorable "Declaration of Conscience" speech	10. This woman has the distinction of being the first woman of color and the first Asian American elected to the House of Representatives.
to the US Senate in the McCarthy era defended each American's "right to hold unpopular beliefs".? Margaret Chase Smith	Dolores Huerta Patsy Mink Florence Griffith Joyner
☐ Lilly Ledbetter ☐ Oprah Winfrey	11. How many female Supreme Court justices have there been in the 230 year history of the Supreme
5. The longest reigning queen in history is:	Court and can you name them all?
 Queen Wilhelmina of the Netherlands Queen Elizabeth II of England Queen Victoria of England 	□ 3 □ 4 □ 5
6. This woman, born in Kiev Russia and raised in Milwaukee Wisconsin, served as foreign minister and then Prime Minister in her adopted homeland? ☐ Indira Gandhi	 12. This woman was the first woman Secretary of State. Hillary Clinton Madeleine Albright Condoleezza Rice
Corazon Aquino	

We recommend for your reading pleasure and education

Meet the all-female team working to create a COVID-19 vaccine in Maryland